

IRONMAN® 70.3[®] Florida

Join Team Operation Rebound 2010 and Support The Troops while competing at Ironman Florida 70.3!

The war has changed, but the threat to our troops is just as real and dangerous as ever. While you're running the Ironman Florida 70.3 triathlon in May, 2010, why not Race for a Reason and be part of something big for the troops!

In three years at this event, the Florida Chapter of the Challenged Athletes Foundation (CAF) has raised over \$450,000 dollars for the troops. Almost two dozen of these brave men and women and come to Orlando and competed in this event, either individually or as part of a relay team, overcoming their injuries and proving their fighting spirit.

Come race with them, and with Team CAF Operation Rebound. Its hard to know how to help the troops, and this is one great and easy way. To be on the CAF team, you must commit to raising a minimum of \$500 (most raise way more!) and in return, you will get to enjoy these benefits:

Here is what you'll receive:

- A private team breakfast on Saturday with Team Captain Sam Cila and other veterans who overcame serious injuries to become world class athletes and race with you;
- NO WAIT race check in – either at the breakfast or at a special VIP check-in location at the athlete pavilion;
- NO WAIT bike check-in, PLUS early bike racking in the private Operation Rebound bike compound;
- A specially designed Team Operation Rebound Florida 2010 tri-top and bike jersey to identify you all day long as a proud member of the team;
- A group photo of the team, plus the camaraderie that comes with banding together to help America's finest get back in the game.

To join TEAM CAF Operation Rebound 2010
go to www.TeamCAFFlorida.kintera.org



Sam Cila



**Mark Your Calendar:
May 16, 2010**

***Making A Difference
Feels Great!!***